



Your Weekly Newsletter for Upcoming Events

the SUUNday Focus

January 16, 2011

Upcoming Services

Sunday Services at 9:15 & 11 am

January 23	Rev. Tracy Springberry	<i>Welcoming the Stranger</i>
January 30	Jerry and Julie Jose	<i>Partner Church Sunday</i>
February 6	Rev. Hollis Bredeweg	<i>Flight Risk</i>

Notices & Upcoming Events



UUCS at MLK Day Monday, January 17

10 am — Indoor program at the INB Performing Arts Center

10:45 am — UUs gather in the passageway to walk in the annual MLK Day parade with our UUCS banner. Our UU Women urge EVERYONE to walk together in support of civil rights.

UU Women is a chapter of the UU Women's Federation. For more information please call Judy Gammon at 363-0535.

Pregnant Guest Speaker for OWL Needed

Pregnant? The Junior High OWL group would like to have a guest couple at their Feb. 13 class to talk with our youth about this exciting time in your lives. Please call or email Cindy Fine at 701-0774 or cynfine@yahoo.com for more information.

Friendship Hall Features Artful Woodwork

Bill Lowry is a local craftsman and designer of distinctive wooden boxes, some utilizing unusual woods such as mango. His work will be on display in our church Friendship Hall until the end of January. Some pieces are offered for sale, with 15 % of any proceeds benefiting the future work of the UU Art Wall Team.

Ethical Eating Dinner & Discussion Saturday, Jan 22 at 6 pm

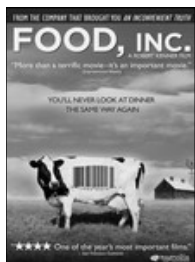
Join us for A Community Dinner and Discussion focused on Ethical Eating, hosted by the Adult Enrichment Team.

Buy your tickets early and save! Tickets available today in the Friendship Hall for \$10/person or \$30/family. Tickets at the door will be \$15 each, \$40/family. PEACH and Project Hope will be given 30% of proceeds.

We still need volunteers! Would you like to cook, clean OR serve on Saturday? Questions & Volunteers, contact Ann-Scott Ettinger, bark4snow@comcast.net .

Save the Date! Coming soon—the first in a Series of Saturday Night at the Movies Saturday, January 29 at 6:30 pm

Come see the movie *Food, Inc.* in the Thoreau Room! *Food, Inc.* exposes America's industrialized food system and its effect on our environment, health, economy and workers' rights. Come watch the movie, enjoy popcorn and cider, and then have a conversation about it.



It will be the first of the Ethical Eating themed movie nights, sponsored by the Adult Enrichment Team—stay tuned for more movies 2/19, 3/16, and 4/16!

Celebrating Religious Education at UUCS

✦ Who-hoos Up for Teaching Our 5th-6th Graders Real & Timely Sex Ed Information?



Comprehensive sex education taught here! Well-informed children make better decisions. Do you have a 5th – 6th grader and ready for OWL (Our Whole Lives) classes? Please contact Diane Huigen, Director of Religious Education, as soon as possible. The class must have at least 6 students and no more than 12. Parent Orientation will be Sunday, February 13th, at 12:45 – 2:15 p.m. in the Sanger Room. There will be eight sessions and all classes will be from 12:45 – 2:15. Contact Diane at 325-6383, ext. 306, or email her at re@uuspokane.org.

✦ Partner Church Children's Choir

Anyone eight or older who is interested in singing Hungarian songs for the Partner Church dinner on Saturday, February 5th, please contact Diane Huigen at 325-6383, or re@uuspokane.org. We will be rehearsing on Thursdays, from 7:00 p.m. to 8:00 p.m., in the Thoreau Room. This is always a highlight of the dinner!



✦ Donating One Hour to Our Children

We are building a wonderful group of people who are willing to spend one hour with a Religious Education class. Would you be willing to join the team and get to know the future leaders of our church? We would love to have you. No one is helping more than two Sundays a month, and most are helping one Sunday a month. This is a great source of hugs, smiles, and laughter.

✦ UU Principles for Children (and those who love them)

Respect the importance and value of all beings. Offer fair and kind treatment to all. Yearn to learn throughout life and accept our differences. Grow by exploring ideas and values together. Believe in our ideas and act on them. Insist on peace, freedom and justice for all. Value our interdependence with nature. Recite these to Diane Huigen, Director of Religious Education, and receive the chalice of your choice.

UU Principles for Children (and those who love them)
ORANGE OFFER fair and kind treatment to all.

✦ Learning to be Generous



Our classroom offerings are going well! Thank you for helping your children remember their change.

✦ Senior High Youth Group—no meeting tonight

Coming in the next few weeks: The Laramie Project & a Sledding Party!



The Inside Scoop

✦ Celebrate the 20 years of UUCS partnership with Felsőrákos

A Hungarian Dinner awaits you Saturday, February 5 at 6 pm in our sanctuary. Special guest Rigó Jancsi will make a brief appearance. We'll have a presentation from the quilters who visited the village last September and folk dancing for all ages led by Karen Wilson-Bell. Come warm your hearts, bellies & toes at this family friendly FUNdraiser for our partner church program. **Tickets on sale today: \$10 adults, \$5 for up to 3 children under 12.**

We warmly welcome volunteers to help prepare food, serve, set up & clean up. Sign up in the Friendship Hall.

✦ Guest at Your Table Boxes

Don't worry about bringing in your Guest at Your Table Box late. Diane Huigen would love to have you bring your boxes to the Religious Education Office. She is also taking checks or cash. Thank you so much for helping the UUCS advance human rights and social justice around the world!

✦ Call for Meals on Wheels Volunteers

UUCS needs more volunteers to cover our shifts every 3rd Tuesday. From pickup of the food at the Trinity Lutheran Church parking lot on the corner of Wellesley and Wall to the return of the containers, the total time involved is approximately 1½ to 2 hours.

We need a few people who will learn the route and routine, and then be available to fill in when some of us old timers need a break.

This is a very worthwhile and heartwarming activity. If you can help, please call either Susan Mossuto (838-3219) or Lola Reed (487-4839).

✦ 2011 WA Association of Churches Eastern WA Legislative Conference Beyond the Climate of Fear: Empowering the Community of Faith to Act

Saturday, Jan. 22 from 9 am to 3 pm
Episcopal Cathedral of St. John. 127 E. 12th Ave in Spokane

Keynote Speaker: Jim Mohr, Chair of Gonzaga University's Hate Studies Institute

Workshop Sessions at 11:15 am & 1:30 pm on immigration, poverty & civil rights/police issues. For RSVP & questions, call 535-4112 — \$20 (scholarships available) includes lunch and snacks.

from the Administrator

✦ Thanks for the Calendars!

Due to the outstanding response to our request for 2011 calendars, we now have enough to keep us in business throughout the New Year. Thanks a million!



Sermons On-Line Update

For those who want to listen to sermons on their mobile devices, have we got a deal for you! Sermons will now be published on our website in both WMA (PC) and MP3 (mobile device) formats. So now you can take it on the road!

The Inside Scoop

✦ Invitation to a Kosher Red Hot Shabbat — This Friday

Congregation Emanu-el invites you to a Kosher Red Hot Shabbat — a concert welcoming Shabbat with klezmer music by the Kosher Red Hots and nosh to follow. FREE.

Friday, January 21, 7:30 pm at the Unitarian Universalist Church of Spokane. For information call 835-5050.



✦ Donate Food Items to help the Hungry All Year

Because we don't want to forget the hungry and poor until the next holiday season, UUCS will continue to have one barrel in our foyer throughout the year to help the families who need it. Please think of the hungry as you shop for yourself and your family, and buy a few extra items for them. The most needed food items are: peanut butter, canned meat, hearty soups, chili, stew, macaroni & cheese, beans, canned fruits & vegetables, canned or boxed juices, boxed mashed potatoes, dried fruit, pasta, rice, healthy cereals (low sugar & low fat) and oatmeal. Thank you for your continuing generosity!

✦ Warm Socks = Warm Feet = Warm Heart

"Sock It To Spokane" is a social justice project that we have taken on with the Spokane Interfaith Council and other communities in Spokane to ensure all our neediest neighbors have warm socks this winter. Warm socks are incredibly important to one's sense of well-being in the cold months of winter. To participate, bring a pair or pairs of socks to church and put them in our "Sock it to Spokane" box located in the back of the Friendship Hall. Children's, women's and/or men's are needed. We will donate the women's and children's socks to St. Margaret's Shelter, and the men's socks will go to the Union Gospel Mission. If you have any questions please call Diane Huigen at 325-6383 or email her at re@uuspokane.org. Thank you!



✦ Sage Tea Bulletin Board Featuring Elizabeth and Art Keeler

Take a look at our outside bulletin board, and find out more fascinating facts about Elizabeth and her work in the HOME program — and Art, who dated Elizabeth on the ski slopes! Both are beloved members of our community.

News from the Adult Enrichment Team

✦ UUCS is Participating the UUA Common Read

Join Unitarian Universalists around the country as we read *The Death of Josseline* by Margaret Regan. **We are thrilled to announce that Margaret Regan will be coming to the UUCS on April 14 as part of Get Lit!** to discuss the book with us.

There will be plenty of opportunities to discuss the book in small groups in February and March either through the church or your existing book groups. Check the UUA website for a book discussion guide: uua.org/publications/commonread

The book is available after services in the Friendship Hall, on Amazon and at the library. Contact Tracy Springberry at (509)638-5316 for more information.