



Your Weekly Newsletter for Upcoming Events  
**the SUUNday Focus**

February 27, 2011

**Upcoming Services**

Sunday Services at 9:15 & 11 am

March 6	Rev. Hollis Bredeweg	<i>Spiritual Composting</i>
Mar 13	Venerable Thubten Chodron, Guest Speaker	<i>Spiritual Practice &amp; the Evening News</i>
Mar 20	Rev. Hollis Bredeweg	<i>In the Land of Beginning Again (Stewardship Sunday)</i>
Mar 27	Rev. Hollis Bredeweg	<i>Above Us Only Sky</i>

**Notices & Upcoming Events**

**Take the Nominating Team Challenge**



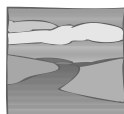
Your Nominating Team invites you to seriously consider applying for one of the Board of Trustees (BOT) positions or the Nominating Team itself. You will serve a three-year term beginning in July. As a BOT member you will deepen your understanding and show your love of our church community as you help set the vision and direction of our congregation. With the Nominating Team your knowledge of other church members and the workings of the church, plus your positive attitude will garner successful candidates.

We are looking for church members who have successfully served on one or more teams and are ready to move to a broader perspective. Applications are available at the Board table on Sunday, from the office, or on our web site.

**Deadline for applications is March 10, 2011.** Thank you for considering these most important roles in our church. — Devon Greyerbiehl, Julie Rector, Sue Wotring, Renee Compton. Contact us at [nominatingteam@uuspokane.org](mailto:nominatingteam@uuspokane.org).

**Path to Membership Classes Starts TODAY!**

If you are seriously considering membership in the Unitarian Universalist Church of Spokane please attend our Path to Membership program starting TODAY, February 27th and ending on Sunday, March 6th. Each class starts at 12:30 pm and ends around 2 pm. Lunch is provided. If you haven't already signed up and want to attend, come to the Thoreau Room at 12:30 pm and talk to us.



**UU Women Upcoming Events**

UU Women is a chapter of the UU Women's Federation and invites all the women of the church to participate in its activities. For more info please call Judy Gammon at 363-0535. *March 9, Wed at 11:30 am*, lunch at Ferrante's Café and Shop at 4516 South Regal. Join us for good conversation and delicious food. Little Italy on the South Hill! *March 13, Sunday at 12:30 pm* in the Thoreau Room we'll have our monthly meeting. "Brown bag" lunch. A time to renew acquaintances, meet newcomers, share thoughts and ideas.

**Celebrating Religious Education at UUCS**



✦ **UU Youth Group Tonight — Red Carpet Oscar Party**

4:30 — 7:30 pm at Hannah's House. Dress for the red carpet if you want to win a prize and join the group as we watch the entertainment industry pat themselves on the back. Call Beth or Matt for directions to the party.

✦ **Earn Your Own Chalice**

Respect the importance and value of all people. Offer fair and kind treatment to all. Yearn to learn throughout life and accept our differences. Grow by exploring ideas and values together. Believe in our ideas and act on them. Insist on peace, freedom and justice for all. Value our interdependence with nature. Recite these to Diane Huigen, Director of Religious Education, and receive the chalice of your choice.



✦ **K-1 OWL Starting This Week**



K-1 OWL Parent Orientation will happen this Wednesday, March 2<sup>nd</sup>, from 6:30 – 7:30 p.m. At least one parent must attend the Orientation in order for your child to be a part of the class. This is a parents only Orientation so there will be childcare available with advance notice. There are eight Wednesday classes which will run from 6:30 – 7:30 p.m. The class will have a maximum of 10 students. Contact Diane Huigen (325-6383, ext. 306, or [re@uuspokane.org](mailto:re@uuspokane.org)) as soon as possible if you want your child to attend.

✦ **Camp Starwheel**



It's time to begin planning Camp Starwheel – our fun-packed camping, swimming, workshop experience for everyone who attends. If you are interested in helping plan this wonderful event and/or leading a workshop, please contact Barb Stuebing (327-3803/ [bbkesc@earthlink.net](mailto:bbkesc@earthlink.net)) or Diane Huigen (325-6383/[re@uuspokane.org](mailto:re@uuspokane.org)).

✦ **Donating One Hour to Our Children**

Our classroom volunteers have been a wonderful addition to our K-2 and 3<sup>rd</sup>-4<sup>th</sup> classes! Do you have one hour to donate to the future leaders of our church? Would you like to have fun with our children? We would love to have you volunteer! Contact Diane Huigen if you are interested in hugs, smiles, and laughter.

✦ **Learning to be Generous**

Thank you for helping your children remember their change for the classroom offerings! Their containers are filling up.



## The Inside Scoop



### ✦ Garden Plots to Feed the Hungry

Our church has 7 garden plots on the south side of the RE wing. This year a group of people (singles, families, Girl Scout groups) will be planting the plots to raise some food for the Second Harvest Food Bank. If you are interested in being part of this project, please contact Diane Huigen at 325-6383, ext. 306, or [re@uuspokane.org](mailto:re@uuspokane.org).

### ✦ Donate Food Items to help the Hungry All Year

Remember when you are shopping for groceries to think of the hungry in Spokane. *One out of every four children go hungry and have inadequate food in their homes.* Have your children/grandchildren pick out food for the hungry children and then let them put it in our Second Harvest Food barrel which is located in the foyer. The most needed food items are peanut butter, canned meat, hearty soups, chili, stew, macaroni & cheese, beans, canned fruits & vegetables, canned or boxed juices, boxed mashed potatoes, dried fruit, pasta, rice, healthy cereals (low sugar & low fat) and oatmeal. Thank you again!

### ✦ Warm Socks = Warm Feet = Warm Heart

We will continue to collect socks through the end of March. This is a social justice project we have taken on with the Spokane Interfaith Council and others in Spokane to ensure all our neediest neighbors have warm socks this winter. Put new socks in our "Sock It to Spokane" box located in the back of the Friendship Hall. Your generosity is appreciated!



### ✦ EWU HOME Tea — Wed, March 2

All are invited to attend the 13th annual EWU tea given by the HOME (Helping Ourselves Means Education) Chapter. The theme will be "Quilts and Conversation." It will be held on Wednesday, March 2 from 2 – 4 pm in Room 205 of Monroe Hall at EWU. The purpose of the tea is to raise money for childcare scholarships for student parents attending Eastern Washington University. Among the raffle ticket items is breakfast for six with University President Arevelo and his wife Nadine.

Tea tickets will be available on Sundays at the church. We will arrange carpooling. For more information call Diane Huigen (999-6437), Judy Gammon (363-0535), or Elizabeth Keeler (536-0858).

### ✦ Job Search & Support Group — Ongoing

A job-search and support group will meet Mondays at 6:30 pm in the Potter Room. The group is intended to serve those seeking employment or needing to change their occupation and re-gear because of changing conditions. The group meets weekly and determines its RSVP to Doug Huigen at 328-3158 or [doughuigen@msn.com](mailto:doughuigen@msn.com).

## from the Administrator



### ✦ Sermons On-Line Update

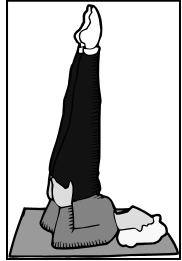
For those who want to listen to sermons on their mobile devices, have we got a deal for you! Sermons will now be published on our website in both WMA (PC) and MP3 (mobile device) formats. So now you can take it on the road!

## News from the Adult Enrichment Team

### ✦ Yoga for the Challenged & the Nimble

If you have considered doing Yoga, but decided not to because of arthritis, artificial joints, etc., please reconsider. We have an instructor who has worked with people who are challenged and she has had real success. I did Yoga when I was younger and had all my parts, and I loved it. Now I have 2 artificial knees and arthritis, but I want to see if I can make Yoga a part of my life again. Those of you who aren't challenged are welcome, too. If you are interested, we will meet on Wednesdays from 3 - 4 pm starting March 2. Please bring a donation for the instructor. Let's give it a whirl, figuratively speaking of course!

Questions? Contact Diane Huigen ([re@uuspokane.org](mailto:re@uuspokane.org)/ 325-6383 ext 306)



### ✦ Menu for the Future Discussion Series STARTING TODAY!



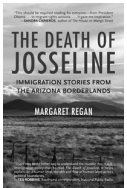
Menu for the Future discussion series on eating ethically and the questions surrounding this topic! Learn about the historical shift from family farms to industrial agriculture. Explore emerging food system alternatives and influences that shape our choices. Examine the issues of hunger, equity and Fair Trade as well as the benefits of choosing local, seasonal and "sustainable" growing and production of food.

Purchase the book for \$20.00, bring a brown bag lunch, and discuss that session's topic on Sundays, 2/27 - 4/3, 12:30 -2:00 pm, in the Sanctuary or Thoreau Room. Questions: contact Linda Moulder, Coordinator, at (509) 747-7637 or [lindamoulder@gmail.com](mailto:lindamoulder@gmail.com) or Ann-Scott Ettinger at 998-7072 or [bark4snow@comcast.net](mailto:bark4snow@comcast.net)

### ✦ UU Common Read Book Discussion Groups

*Death of Josseline: Immigration Stories from the Arizona Borderlands*

Plan to participate in the UU Common Read. **The book's author, Margaret Regan, will present at UUCS on April 14 at 7:30 pm**, and members of the congregation will discuss the book on Sun, March 6 from 9 to 10:30 am, Tue, March 8 at 7 pm, Sun, March 13 at 12:30 pm, and Thu, March 24 at 7 pm. Ms. Regan's book tells the stories of immigrants, activists, human rights workers, and border patrol people on the Arizona Border and explores the ethical, moral, and spiritual challenges presented by immigration issues. Books are available in the back of the church for \$13 or by ordering from Aunties, Beacon Press or Amazon.com. For more info, contact Tracy Springberry at (509)638-5316 or at [tracyspringberry@comcast.net](mailto:tracyspringberry@comcast.net)



### ✦ Building Your Own Theology Workshop

Explore the fundamental religious beliefs and convictions that guide your life and develop your own personal credo Sunday mornings from 9:00 - 10:30 starting on Sunday, March 13 in the cummings Room. This workshop will be facilitated by Dick and Judy Gammon. Participants are asked to make a commitment to attend all 6 sessions. There is a limit of 8 people, so stop by the Adult Enrichment Team's Registration Table in the Fellowship Hall after the service to reserve your spot, let us know if you need childcare.

### ✦ An Overview of Mystical Shamanism Coming in April

April 10 from 12:30 – 2 pm in the UUCS Chapel. Kyle Bailey, a Toltec Shaman will present an overview of Mystical Shamanism. The mystic shaman seeks union with the creator. The creator is love. The face of love and compassion can be found within each person both inward and outward in our daily life.