



Your Weekly Newsletter for Upcoming Events
the SUUNday Focus
 June 5, 2011

Upcoming Services

Sunday Service at 10 am

June 12	Rev. Hollis Bredeweg, Interim Minister	<i>Heritage of PRIDE Pride Sunday</i>
June 19	Rev. Hollis Bredeweg, Interim Minister	<i>Religion in the Year 106 AE (After Einstein)</i>
June 26	Last service with Rev. Hollis Bredeweg	<i>De-Installation Service</i>
July 3	Rev. Dr. Todd Ekloff, Minister	<i>First and Foremost: Unitarian Universalism as an American Mystical Tradition</i>

Notices & Upcoming Events

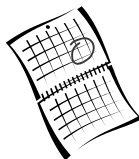
PRIDE Parade - Join UUCS as We Show that We Stand on the Side of Love

Saturday June 11 at Noon
 The UUCS PRIDE team invites you to literally "Walk Your Talk" on Saturday, June 11. Join up at 11:45 am at the corner of Wall and Main streets and walk with us in the parade. We also need **Face Painters** — and you don't have to be an expert. Let Nancy Avery know if you can help for an hour. Contact her at Nancy.Avery@comcast.net

Universalists are often asked where they stand. The only true answer to give to this question is that we do not stand at all, we move. - L. B. Fisher

UU Women Lunch Meetup Wed June 8

We will gather at 11:30 am on the patio of The Flying Goat, 3318 West Northwest Blvd. All the women of the church are invited to join us for lunch and a fun social time. No reservation--a just "show up" adventure. Hope to see YOU. Questions? Judy Gammon 363-0535.



Mark Your Calendars: UU Women's Retreat! October 7, 8 & 9

Registration information will soon be in the SUUN and on the UUCS website

at www.uuspokane.org

June Art Wall Features Sculptures by Spokane Artist Anne Trail

The June exhibit in the Friendship Hall will highlight examples of artist Anne Kirkwood Trail's high-fire clay sculptures, many of them life-size busts. Anne taught at various Spokane locations over three decades and has worked with oil and watercolor, drawings, collage and paper arts. After earning degrees at the University of Idaho and Gonzaga, Anne studied sculpture with Sister Paula Mary Turnbull of Holy Names.

Help Keep the Labyrinth Weed Free

Have a springtime labyrinth walk before or after church. Find peace. Bring order to the labyrinth. Pull five weeds. Pile weeds in marked spot. This spring may be bashful, but the weeds are not! Thanks from the Labyrinth Team.



Celebrating Religious Education at UUCS

✦ **Now Recruiting Religious Education Teachers for the Fall — 24 Volunteers Needed!** It's that time of year – Teacher Recruitment. Come join the fun of working with and becoming friends with our UU kids. We need 4 teachers for each of our classes – Pre-school, Kindergarten – 2nd, 3rd – 4th, 5th – 6th, Junior High, and Senior High, which means we need 24 teachers. You would work, according to what your team decides, every other Sunday, or two Sundays a month for an hour. You spend approximately ½ hour preparing, which is reading your lesson to become familiar with what you are teaching. **This is one of the most important jobs in our church, because the teachers are helping our UU kids learn what being a UU means.** Look for our table in the Friendship Hall with the balloons. There will be RE Council members at the table to help you, or you may contact Diane Huigen (325-6383/re@uuspokane.org).

✦ **Summer Volunteers Needed for the One Room Schoolhouse** Would you like a chance to join our youth when they meet famous UUs this summer? The summer program is a one-room schoolhouse meeting in the Thoreau Room with a famous U or U. Guests include

- ✦ Fannie Farmer
- ✦ Matt Groening
- ✦ Rod Serling
- ✦ Christopher Reeves (June 19)
- ✦ Margaret Sanger
- ✦ Frank Lloyd Wright (June 26).



Come meet them and the kids! Contact Diane Huigen (325-6383/re@uuspokane.org).

✦ **Are You Learning Your Principles?**

Are you learning your Principles? Come check out our collection of Ed Tyler chalices. You can have your own chalice once you have recited our 7 Principles to Diane Huigen. You can find a copy of the Principles on the shelf in front of the RE Office or Diane can help you. Learn what we as UUs believe.



✦ **Summer Classroom Offering to be Donated to Free Cakes for Kids**

We will be taking a summer offering, so bring your pennies, dimes, or whatever, each Sunday. We will be donating our offering to Free Cakes for Kids whose purpose is to provide a special birthday cake for children who otherwise might not have one due to their life circumstances. They serve children who live in poverty and often do not have family members in their lives. Some have experienced abuse. By providing as many of these children as possible with a special birthday cake, Free Cakes for Kids hopes to show them that there are people who care. They are a non-profit, volunteer-run agency.



✦ **Senior High Youth Group**

Youth Service Sunday Today at 10:00 am. More than just an opportunity to serve our congregation, it's also when our seniors say aloha, graduate from the RE program and bridge out of youth group.

✦ **Senior High Youth Group: Bridging Barbecue after Service**

11 am – 1:30 pm on the Atrium Patio More than a party to celebrate our outgoing seniors, we'll also celebrate the end of a great year and meet many of the new youth who will bridge into the group this fall. What better way to do so than with food cooked over fire? *Families and friends are welcome to attend.*





✦ **Social Justice Meeting - TODAY! Baby Item Donations Needed**

The Social Justice Group, which meets the first Sunday of every month, is collecting donations for the YWCA June 1-15. **The YWCA is in dire need of baby items.** This includes diapers (any size), wipes, baby food, and shampoo/body wash. You can drop items off at the designated table in the Friendship Hall, before and after service. If you would like to drop off items at the church during the week, or would like information about the social justice group, contact Rachel Beauchene (608-738-8997/ uucsintern@hotmail.com).

"We become not a melting pot but a beautiful mosaic. Different people, different beliefs, different yearnings, different hopes, different dreams."

Former President Jimmy Carter

✦ **Overview of Mystical Shamanism - Next Sunday, June 12**



Kyle Bailey, a Toltec Shaman, presents An Overview of Mystical Shamanism on Sunday, June 12 from 11:30 am - 12:30 pm in the Thoreau room. All are welcome to join us.

✦ **Yoga for Everyone - that means you!**

Come enjoy an out-of-body experience on Wednesdays from 12:30 - 1:30 pm in the Thoreau Room. The stress in your body will disappear. It's wonderful! Please bring a donation for the instructor. If you have any questions, call/email Diane Huigen at 325-6383 or re@uuspokane.org.



from the Administrator's Desk

✦ **Chapel Doors Unlocked Always**

If you or your group is using the Chapel for a meeting or event, you will notice the doors no longer lock. This is not a malfunction. It is by design. In order to keep our lovely chapel accessible during hours when the Sanctuary is open, the locks have been modified to stay open.

Covenant Statement

We, the Unitarian Universalist congregation of Spokane, promise to:

- *support and care for one another,*
- *embrace diversity of persons and spiritual paths,*
- *search for truth and understanding, and*
- *work for social justice and environmental stewardship.*

With this covenant, we honor each other with our laughter and tears, our compassion, and respect. We are a community of open hearts, open minds, and open hands.

✦ **Gardening for the Hungry - Come See the Progress**



The first 5 beds are planted with tomatoes, onions, beets, chard, pole beans, peas, & volunteer squash or cucumbers (we're not sure). The fence posts are all in, and by this Sunday the fencing should be attached. Now we just wait and weed, if you know your weeds. Thanks for everyone's help! Come by and watch the progress.

✦ **Toss a Few Extras in Your Shopping Cart to Help Fill Our Food Barrel**



An extra jar of peanut butter and some mac & cheese won't add much to your grocery bill, but will really matter to a family with hungry children. **More than 25% of the children in the USA are dealing with hunger issues and that percentage is growing every day because of the economy.**

Please continue to fill up our food barrel for the families and seniors who shop at the Food Bank. Take your children/grandchildren shopping with you and let them pick out food for our barrel. It's a great life lesson about caring for others who are less fortunate and an opportunity to talk about nutrition. If you need help with providing food for your family, contact Diane Huigen or Rev. Hollis Breedeweg.



Plan to Attend the City-Wide Forum on Local Food Issues - June 7, 2011 at the UUCS

Our church will be hosting the first city-wide discussion on food and health in Spokane County on Tuesday, June 7. Please come!

- ✦ 4:30-5:20 pm Chef David Blaine's (Latah Bistro) famous PopUp Restaurant meals (Vegetarian & Meat options available)
- ✦ 6:00-6:30 pm Visiting author Jeremy Smith, Growing Things, kicks off the conversation, talking about examples of how people engage in food in his community, Missoula, Montana.
- ✦ 6:30-8:00 pm Spokane Regional Health District releases new information about Spokane's food realities "Food and Health in Spokane County: A Closer Look" with discussion to follow

This event is sponsored by the Food Access Coalition which seeks to empower residents of Spokane County to plan and sustain a healthy food system. Plan to attend and become educated about food issues in our region. Preregistration is required.

To register: Contact Nancy Hawley, Spokane Regional Health District (509 324-1530 / nhawley@spokanecounty.org).

To purchase your dinner ticket go to www.brownpapertickets.com/event/169154 or contact Linda Moulder and she will order your ticket for you.

