



Your Weekly Newsletter for Upcoming Events
the SUUNday Focus
 July 17, 2011

Upcoming Services

Sunday Service at 10 am

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| July 24 | Rev. Dr. Todd Eklof, Minister | <i>Spirit on Fire:
Take Two Rumi's and Call Me in the Morning</i> |
| July 31 | Word Garden Poets | <i>The Topmost Branch</i> |
| August 7 | Rev. Dr. Todd Eklof, Minister | <i>The Evolution of Indra:
Nonviolence as Recessive Meme</i> |

Notices & Upcoming Events

Eklof Potluck Lunch TODAY!



Today after church we'll share in a potluck picnic on the church grounds. Bring food to share, a blanket and/or lawn chair, and enjoy some summer together.

You Can Help Our Community!



We will be collecting for Lutheran Community Services and the SFCC Food Bank for the rest of the month. Lutheran Community Services provides support to domestic violence victims and abused children. They are in dire need of clothes for school-aged children. You can drop off clothing or contact Rachel for other options. SFCC provides emergency needs such as perishable and non-perishable food for students and their families. There is a designated table in the Friendship Hall before/after service. You can also drop off donations during office hours. Contact Rachel Beauchene (608-738-8997/ uucsintern@hotmail.com) for more info. **Thank you for your generous donations!**

Past Sermons at UUSpokane.org

Did you miss Rev. Dr. Eklof's sermon last week? You can listen to the sermon or read the text at our website!



Adult OWL is for You

If you're a young adult or a "less young" adult, if you're GLBTQ or straight, partnered or single, bold or shy,

Adult OWL is for you! **Expect a lively group, provocative questions, laughter and personal insights.**

The group will meet for 4 sessions on a weeknight at the church beginning mid-September. Space is limited. Contact Cindy Fine (535-0385/cynfine@yahoo.com) for information or to sign up for the group.

Seeking a New Calendar King (or Queen)



Bob Van Zee, our long-time king of the church calendar is ready to pass on his crown. The calendar tending volunteer is responsible for reviewing and approving items submitted to the church on-line calendar and working with the church administrator to resolve any scheduling conflicts. This job requires an attention to detail, moderate computer skills, and less than three hours of your time a week. As well, it can easily be done from home if you have an internet connection. Interested? Contact Jet at 325-6383 ext 305/ admin@uuspokane.org.

✦ **Gardening for the Hungry**

Our UU garden beds are beautiful and producing! These vegetables will go to the UU Farmer's Market in the fall, and we will supply the Spokane Food Bank with fresh vegetables through the summer. Feel free to walk through the garden anytime. It has a magical, peaceful feel to it. Contact Diane Huigen at 325-6383 or re@uuspokane.org.

✦ **Yoga – A Stress Reliever in all Seasons**

Yoga continues through the summer. Come enjoy an out-of-body experience on Wednesdays from 3 – 4 pm in the Thoreau Room. It's wonderful for your body! Youth are welcome. Please bring a donation for the instructor. Questions? Contact Diane.

Celebrating Religious Education at UUCS



✦ **Watch for Balloons! – RE 2011-2012 Teacher Recruitment**

You are needed and wanted! We need to fill the 66 positions it takes to run the RE program for the church year. Come join the fun of working with and becoming friends with our UU kids. We need 9:15 and 11:00 teachers, teacher assistants & nursery volunteers. Working with our UU children is one of the most important jobs in our church, because you are helping them learn what being a UU means. Look for our table in the Friendship Hall. There will be a RE Council member at the table to help you, or call/email Diane Huigen.

✦ **RE Group Picnic—at the Audubon Splash Pad— August 13**

This will be a no-host, BYO-Everything picnic! Come at 3 pm to enjoy the splash pads. We'll break out the picnics around 5 pm. If you want to bring items to share, that is great, but not required! Questions? Contact Sarajoy Van Boven 443-1186 or sarajoyvb@yahoo.com.



✦ **Teaching Assistants Needed Through the Summer**

Would you like a chance to join our UU children when they meet famous UUs this summer? We would love to have you volunteer! Our summer program is a one-room schoolhouse in the Thoreau Room with a famous Unitarian or Universalist. Come be a part of our fun summer program! Contact Diane Huigen at re@uuspokane.org/325-6383

✦ **SH/JH Youth Summer RE**

We will have a SH/JH RE get-together every Sunday morning at 10 am either in the Memorial Garden or in the Bartok Room. This is a time to discuss whatever the group wants to discuss! Join us. There will also be a camping trip in August. Keep in touch.

✦ **Chalices are Available Through the Summer for "Kids" of All Ages**

Learning doesn't stop just because it is summer. In fact it may be easier now to study and learn our Unitarian Universalist's 7 Principles! Once you have them memorized, come recite them to Diane and pick out your Ed Tyler chalice. When you pick it out, it will magically fill up with delicious candy kisses. This is a great family project.



✦ **THREE bags of Change! RE Sunday Morning Offering Update**

Thank you to the person who brought in 3 bags of change for the Free Cakes for Kids! *It is amazing that your change can change a child's birthday from sad to glad!* This summer's RE offering will be donated to Free Cakes for Kids whose purpose is to provide a special birthday cake for children who otherwise might not have one due to their life circumstances. They serve children who live in poverty and often do not have family members in their lives. Free Cakes for Kids hopes to show them that there are people who care. This is a non-profit, volunteer-run agency. Please gather up your change and bring it to RE. They will appreciate it!

