



the SUUNday Focus

February 5, 2012

Unitarian Universalist Church of Spokane

4340 W Fort Wright Dr
Spokane WA 99224
509.325.6383
www.uuspokane.org

Upcoming Services

Sunday Services at 9:15 & 11 am

- Feb 12** Rev. Dr. Todd Eklof, Minister *The Sensual Way: Science as Mysticism*
- Feb 19** Guest Minister *A Light Before Dawn: Progressive Faith in Our Time*
- Feb 26** Rev. Dr. Todd Eklof, Minister *Manichean Morality: A Public Response to Jonathan Haidt's Discussion on the Moral Roots of Liberals and Conservatives*

Notices & Upcoming Events

Are You a Potential Board Candidate?

It's not too early to be thinking about our 2012-2013 Church Year! Your Nominating Team reminds you that we are looking for candidates for the Board of Trustees and for the Nominating Team itself. The Board position requires a significant time commitment (averaging some 10 to 15 hours per month), a keen interest in articulating and carrying the vision of the congregation, solid previous participation in at least one church team, and willingness to learn and work within the structure of Policy Governance. Look for information and an application form on our church web site at www.uuspokane.org or contact us at nominatingteam@uuspokane.org. ~ Donna Sponseller & Sue Wotring

CAN YOU HELP? Lay Leader Information and Training Sessions in February

The Worship Team is looking for lay leaders to assist Todd in our Sunday services. **We offer training and lots of support for those new to lay leading.** You can do just one service or both on a Sunday, depending on your schedule.



We are offering two training sessions: join us either on Sunday, Feb. 26 from 1-3pm or on Wednesday, Feb. 29 from 6-8 pm.

In the meantime, if you might even possibly be interested, contact Susan Virnig at susan@newstories.org or 535-3998. We can talk about what the lay leader does and how you might fit in.

February 17 & 18: PJALS Conference at UUCS - Register Now for the Best Rate!

Please come to the Peace and Economic Justice Action Conference to learn how to take action on issues you care about and to connect with like-minded people who are working on progressive causes. The conference kick-offs with a free reception, a short film, "Maria Full of Hope" and performances by local spoken word and musical artists. The conference offers twenty-four Education for Action workshops on MANY topics. Our keynote speaker is Steve Williams, founder of POWER (People Organized to Win Employment Rights) and co-author of *Towards Land, Work and Power: Charting a Path of Resistance to U.S.-led Imperialism*. A light breakfast and lunch will be provided. Rates: \$25 for UUCS members, \$15 for those who are living lightly. *Early bird registration ends February 11 and then the price increases.* Visit peacejustice.org/2012conference for more information and to register. Sponsored by PJALS of Spokane.

Celebrating Religious Education at UUCS



✦ Art Wall Team Seeks Art by "Youth 21 and Under" for March Exhibit

For its March exhibit in Friendship Hall the Art Wall Team seeks art works by all Youth of the Church, aged 21 and under. Mixed media of all kinds will be displayed (one or two pieces by each artist) and each piece submitted should be ready to hang. Interested young artists (or their family and friends) should contact Diane Huigen or Art Wall team leader Susan Mossuto at 838-3219 as soon as possible.



✦ 5th-6th OWL Class

Parent Orientation for our 5th-6th Grade OWL will be Sunday, February 12, from 12:45 pm – 2:15 pm in the Sanger Room. This is just for the parents and at least one parent must attend. The 5th-6th Grade OWL classes actually begin Sunday, February 26th, at 12:45 in the Sanger Room. There will be 8 sessions for the youth. Please contact Diane as soon as possible as space is limited.

Questions about our Religious Education programs and events can be directed to Diane Huigen, Director of Religious Education at re@uuspokane.org or 509-325-6383 x306.

✦ Senior High Youth Group

Meetings are on Monday evenings from 6-8 pm in the Bartok Room. Come join us!

✦ Are You Willing to Donate One Hour A Month to Our UU Children?

We would love to have you join a team of volunteers who help our teachers with activities and hugs. You would work one Sunday (one hour a month) with our UU children. Please contact Diane.

✦ Classroom Donations for SCRAPs

Please remember to send your child with some change for their class's offering for SCRAPs. This is the organization all the children in the RE Wing chose to help this year.



UU Principles for Children (and those who love them)

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| RED | RESPECT for the importance and value of all beings. |
| ORANGE | OFFER fair and kind treatment to all. |
| YELLOW | YEARN to learn throughout life and accept our differences. |
| GREEN | GROW by exploring ideas and values together. |
| BLUE | BELIEVE in our ideas and act on them. |
| INDIGO | INSIST on peace, freedom and justice for all. |
| VIOLET | VALUE our interdependence with nature. |

News from the Adult Enrichment Team

✦ Sign Up Now for these upcoming Adult Enrichment Team Sponsored Programs

Registration is happening now at the back of the sanctuary; sign-up to guarantee a spot!

Getting It Together, 12:30-2 pm, Thoreau Room

Sunday, 2/5, Topic: Hospice and Long Term Care Ombudsman

Sunday 2/12, Topic: Emotional impact of aging, and getting down to the nitty gritty in your personal 'end of life' planner!

Building Your Own Theology 9-10:30 am, Sundays, Feb 26 to April 1, room TBA

Leaders: Dick & Judy Gammon — Individuals will reflect on their religious experiences and knowledge and create their own credos.

Simplicity Circles 6:30-8:30 pm, first Wednesday each month, Cummings Room

Leaders: Georgette Thornton & Phyllis Thayer — Get info on the program topic by emailing gsthorn437@gmail.com or contacting the church office.



2nd Saturdays Gardening Workshops -10 am - noon, Saturdays, 2/11, 3/10, and 4/14 in the UUUCS Chapel. Join fellow UU's in sharing garden secrets!

Saturday Feb. 11 is the first "2nd Saturday Workshop"! Join your gardening-loving friends for a workshop with Spokane Master gardener Shirley Broyle to learn about "Gardening For Life" which has great ideas for making your garden easier to work. Want to learn strategies for healthy, life-long gardening practices? Get suggestions for raised garden beds, reducing lifting, etc. to make gardening enjoyable for many years to come! Hope to see you there, to start planning your summer 2012 garden!



In March we'll have a guest to talk about soil conditioning, compost bins, community gardens, and 'planting a row for the hungry'.

In April we'll talk about companion planting, food storage and preservation, and perennials/native plants for low water flower beds! Come enjoy our wonderfully experienced community!



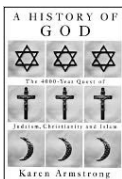
✦ Starting in March—sign up NOW to ensure a spot

Hungry For Change by NWEI 9:15-10:30 am, Sundays, March 25 to April 29

With Linda Moulder and Ann-Scott Ettinger- explores the true meaning of the phrase "you are what you eat." In a flexible four to six session schedule, this discussion course challenges participants to examine their roles, not only as consumers of food, but also as creators -- of food, of systems, and of the world we all live in

History of God Book Discussion 6:30-8 pm, Wednesdays, March 14 to April 18 in the Potter Room, with Bill Tracy.

The book details the history of the three major monotheistic traditions: Judaism, Christianity and Islam. Also included in the book are Buddhism and Hinduism. The evolution of the idea of God is traced from its ancient roots in the Middle East up to the present day. For those without access to a book, copies are available from Bill for \$15, or to borrow. Those who participated in this book discussion in the fall are welcome to return for more! And, of course, new 'readers' are highly encouraged to join in!



The Inside Scoop

✦ \$tUUFF \$ale on March 31—Get Information Today!

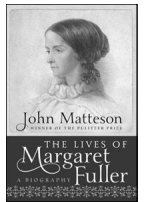
Do you have too much stuff? Here is your chance to do something about it. Please see the February SUUN for a detailed account of the upcoming \$tUUFF \$ale on March 31. *Today Georgette Thornton, Amy Howard and Maggie Montana will be available in the Friendship Hall after the first and second services to give you more information on this exciting event.* Amy and Maggie will be registering vendors from February 5 – 29, or until all 20 vendor spaces are spoken for. This is a limited time offer – not to consume, but to lessen your possessions to live more gently on the Earth.

From the UUs in Brookfield, Wisconsin, we have a video explaining our principles to an alien on the subway! Check out <http://www.uucw.org/are-you-a-uu> Scroll down for their Famous UU Matching Game— are you a Master of UU History?

✦ UU Women—February Lunch at Old European and new Margaret Fuller Biography

UU Women-- Wednesday, February 15, at 11:30 am Join us for lunch at the Old European Breakfast House at 7640 North Division across from Costco. Yes, the menu is much more than just breakfast! So please join us for good food and good company. So that we (and the restaurant) will know how many to expect, please call or e-mail Judy Gammon 363-0535 / rog_jrg@msn.com if you will be coming.

The UU Women's Federation supports UU women in scholarly, prophetic and innovative explorations of religious feminisms with Margaret Fuller grants. A new biography of Margaret Fuller has just been published: *The Lives of Margaret Fuller- A Biography* by John Matteson. Margaret Fuller was born in 1810 and was the best educated woman of her time. As a NY Times reviewer noted: "readers too will admire her spirit, intellect and courage, and they will appreciate her pioneering contributions to women's theoretical and practical advancement".



Social Justice Is What UUs Do



✦ Warm Socks = Warm Feet = Warm Heart

Thank you so much for bringing in warm socks for St. Margaret's Shelter for Women & Children & the Union Gospel Mission. To participate, bring a pair or pairs of new socks to church and put them in our Sock Box located in the Friendship Hall. This Social Justice project will continue through MARCH.

✦ Filling Our Church Food Barrel is a Teaching Moment for Parents & Grandparents

Thank you to everyone for helping support the hungry children, families, & seniors in Spokane! When you go shopping for our Food Barrel please take a child along with you. Explain what you are doing and why. You will be teaching generosity, kindness & caring by example, the best way for children to learn. Suggestions for food staples include tuna, peanut butter, canned soups, stew, mac & cheese, oatmeal & low sugar cereals. Many families count on the generosity of our church! Thank you!

